

Cookie Policy

This Cookie Policy was last updated on 7 September, 2026 and applies to citizens and legal permanent residents of the United Kingdom.

Introduction

Our website, <https://www.papps.org.uk> (hereinafter: “the website”) uses cookies and other related technologies. Cookies may also be placed by third parties we have engaged. In this policy, we inform you about the use of cookies on our website.

What are cookies?

Cookies are small files of information, usually containing letters and numbers, that websites store on your browser, or the hard drive of your computer. Strictly necessary cookies do not require your consent under the Privacy and Electronic Communications Regulations (PECR), as they are essential for the operation of our website or to provide a service you have requested. Where these cookies involve personal data, we rely on our legitimate interests under Article 6(1)(f) UK GDPR.

All other cookies will only be placed on your device with your consent. We obtain your consent via our cookie banner before placing any non-essential cookies. Consent must be freely given, specific, informed and unambiguous.

Our website needs to use these cookies so we can understand what works well on our website, and what we can do to improve. These cookies also allow us to distinguish you from other website visitors, helping us to provide you with a seamless experience on our site. A cookie is a small simple file that is sent along with pages of this website and stored by your browser on the hard drive of your computer or another device. The information stored therein may be returned to our servers or to the servers of the relevant third parties during a subsequent visit.

What are scripts?

A script is a piece of program code that is used to make our website function properly and interactively. This code is executed on our server or on your device.

What is a web beacon?

A web beacon (or a pixel tag) is a small, invisible piece of text or image on a website that is used to monitor traffic on a website. In order to do this, various data about you is stored using web beacons.

Do you use similar technologies?

We may also use similar technologies such as local storage, session storage, pixels, tags, scripts, trackers, web beacons or other technologies. These technologies operate in a similar way to cookies and may store or access information on your device. Where these technologies are not strictly necessary, we will obtain your consent before using them.

Cookies we use

We use the following cookie types:

Essential Cookies – these are also known as Strictly Necessary Cookies, and they’re very important for us to make sure our website runs as it should. As a result, these cookies are always automatically enabled, to make sure our website works sufficiently. Some examples of uses of essential cookies include assisting navigation or preventing bots from abusing our contact form. These cookies are

always active and cannot be disabled via our cookie management tool, as the website cannot function properly without them.

Analytical Cookies – these can also be known as Statistics Cookies, and they gather information about how website visitors use a website. These cookies help us to keep count of the number of visitors on our website, and also help us to understand how these visitors use our website. This enables us to understand what works well on our website, and what doesn't work so well, so we can continuously improve the site for visitors. These cookies are only activated where you provide consent via our cookie banner.

Placed cookies on our site

We use a provider, Complianz, for our cookie management. You can learn more about Complianz here: [Read more about Complianz](#)

Name and Type of Cookie	Why do we use this?
'cmplz_banner-status' via the domain 'www.papps.org.uk' – Essential Cookie	This cookie is used to record whether you have dismissed or interacted with the cookie consent banner, preventing it from being displayed repeatedly. This also helps us comply with the UK GDPR. This cookie has a duration of 1 year.
'cmplz_consented_services' via the domain 'www.papps.org.uk' – Essential Cookie	This cookie stores your choices about optional website services, so we only load the services you've given permission for. This cookie has a duration of 1 year.
'cmplz_functional' via the domain 'www.papps.org.uk' – Essential Cookie	This cookie stores your consent preferences collected via our cookie banner. This cookie has a duration of 1 year.
'cmplz_marketing' via the domain 'www.papps.org.uk' – Essential Cookie	This cookie records your consent preference for marketing cookies. This cookie has a duration of 1 year.
'cmplz_policy_id' via the domain 'www.papps.org.uk' – Essential Cookie	This cookie stores the version number of the cookie policy accepted by you to ensure the correct consent record is maintained. This cookie has a duration of 1 year.
'cmplz_preferences' via the domain 'www.papps.org.uk' – Essential Cookie	This cookie records your consent preference for preference cookies. This cookie has a duration of 1 year.
'cmplz_statistics' via the domain 'www.papps.org.uk' – Essential Cookie	This cookie records your consent preference for analytics/statistics cookies. This cookie has a duration of 1 year.

‘unique_session_id’ via the domain ‘www.papps.org.uk’ – Analytical Cookie	This cookie maintains a unique identifier for your browsing session to support the gathering of statistics about how you interact with the website, which we can analyse to improve our user experience. These statistics are not sent to any third party. This cookie has a duration of 1 year.
‘cf_clearance’ via the domain ‘.papps.org.uk’ – Essential Cookie	This cookie is used by Cloudflare to verify that a visitor has successfully passed a security or bot protection challenge. It helps protect the website against malicious traffic and allows legitimate users to access the site without repeated challenges. This cookie has a duration of 1 year.

Consent

When you visit our website for the first time, we will show you a pop-up with an explanation about cookies. As soon as you click on “Save preferences”, you consent to us using the categories of cookies and plug-ins you selected in the pop-up, as described in this Cookie Policy. You can disable the use of cookies via your browser, but please note that our website may no longer work properly.

Do you use any Third-Party Cookies?

Third party cookies are not set by us, but are set by other domains than the website you visit. These cookies are placed on website visitors’ devices by third-party outlets. Common examples of these third parties can include social media platforms, analytical providers, and advertising networks.

With one exception, the cookies and similar technologies used on our website are first-party and are set and controlled by us. The exception is local storage set by Cloudflare (via challenges.cloudflare.com) as part of our form spam-protection (Turnstile). This is a strictly necessary security and anti-fraud measure and is not used for third-party tracking, advertising or marketing.

What Similar Technologies do you use?

In addition to cookies, we also use similar technologies as listed below. These technologies store information on your device in a similar way to cookies and are used to ensure the website functions properly.

Name and Type of Technology	Why do we use this?
‘htmx-current-path-for-history’ – Local Storage via ‘papps.org.uk’ – Strictly Necessary	Stores the current page path to support HTMX browser history and dynamic page navigation, enabling Back/Forward button functionality and restoring the correct page state. This local storage is persistent and remains on your device until cleared by the browser or updated.
‘cf.turnstile.u’ – Local Storage, set by challenges.cloudflare.com (Cloudflare) – Strictly Necessary	Used by Cloudflare Turnstile to support bot detection and fraud prevention. It helps distinguish legitimate users from automated traffic and may store a temporary identifier to

	improve the verification process and reduce repeated challenges. This local storage is used solely for security and fraud prevention purposes and not for advertising, analytics or tracking users across other websites. This is set by Cloudflare rather than by us, and is stored separately for our website — it cannot be used to identify or track you on any other site.
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While we aim to keep the above lists accurate and up to date, cookies and similar technologies used on our website may change from time to time. As a result, the above lists may not always reflect all cookies in use at any given moment. We encourage you to review this policy regularly for updates.

How can I control these cookies?

You are able to control your use of cookies on our website. You can do the following:

- Deny all non-essential cookies; and
- Select certain cookies you wish to use, and reject other cookies

You can withdraw or change your consent at any time by clicking on our ‘Manage Consent’ button in the bottom left corner of our site, which will allow you to opt in or out of certain cookie usage.

To decide which cookies our website sets, follow the below steps:

1. Select ‘Manage Consent’ in the bottom left corner of our site
2. Toggle the on/off buttons for each type of cookie
3. Click ‘Save Preferences’

Our cookie banner provides equal prominence to “Accept” and “Deny” options. Non-essential cookies are not pre-ticked and will not be placed on your device unless you actively opt in.

Please note:

- Rejecting non-essential cookies will not affect the core functionality of our website.
- Strictly necessary cookies cannot be disabled via our cookie tool.

Deleting Cookies

You can use your internet browser to automatically or manually delete cookies. You can also specify that certain cookies may not be placed. Another option is to change the settings of your internet browser so that you receive a message each time a cookie is placed. For more information about these options, please refer to the instructions in the ‘Help’ section of your browser.

What is the Expiry Period for your cookies?

Each cookie's duration is set out in the table above. Some cookies are session cookies (which expire when you close your browser), and others are persistent cookies (which remain on your device for a defined period).

How often is this policy updated?

We may update this Cookie Policy from time to time to reflect changes in legal requirements or the cookies we use. We recommend checking this page regularly for updates.

How do I ask you for more information?

For questions and/or comments about our Cookie Policy, please contact us by using the following contact details:

Palmer & Palmer Psychology Services Ltd

7 The Close

Norwich

NR1 4DJ

United Kingdom

Website: <https://www.papps.org.uk>

Email: npalmer@papps.org.uk

Phone number: 01603 555 670